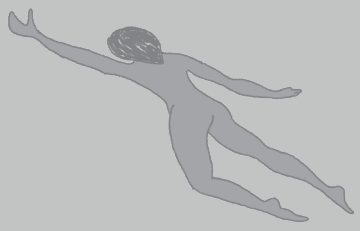
Sociology of the Body

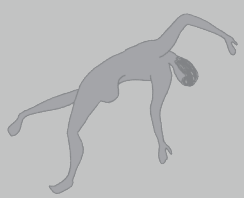


Memory Game











WYDAWNICTWO
UNIWERSYTETU
ŁÓDZKIEGO

Explore the sociology of the body in an engaging and interactive way.

Download “Sociology of the Body. Memory Game” and challenge yourself to connect concepts, theories and examples from “The body and sociology”.

How to play

Classic version

1. Download the file and print it. The game is designed to be printed double-sided, with a uniform background appearing on the reverse side of every card. You can also print every second page and leave the reverse white.
2. Cut out all the cards.
3. Shuffle all the cards and place them face down in rows on a flat surface.
4. The youngest player goes first. Turn over any two cards and try to find a matching pair.
5. If the cards match, keep the pair and take another turn.
6. If the cards do not match, turn them face down again, and the next player takes a turn.
7. Try to remember the location of the cards to make more matches on future turns.
8. The game ends when all pairs have been found.
9. The player with the most pairs wins the game!

Feel free to choose the set of cards you want to play with, such as only selected definitions or definitions from particular chapters.

Modified version

1. Download the file and print it. The game is designed to be printed double-sided, with a uniform background appearing on the reverse side of every card. You can also print every second page and leave the reverse white.
2. Cut out all the cards.
3. Shuffle all the cards and place them face down in rows on a flat surface.
4. The youngest player goes first. Turn over any two cards and try to find a matching pair.
5. If the cards match, keep the pair and take another turn.
6. If the cards do not match, keep one of them next to you and turn the second card face down again. The next player takes a turn.
7. On subsequent turns, you may try to find its matching pair or continue drawing new cards.
8. Try to remember the location of the cards to make more matches on future turns.
9. The game ends when all pairs have been found.
10. The player with the most pairs wins the game!

Have fun while exploring key concepts from the sociology of the body and society!

The project was co-financed by the Polish Ministry of Science and Higher Education under the. “Doskonała Nauka II” Programme from public funds of the Republic of Poland.

WYDAWNICTWO UNIWERSYTETU ŁÓDZKIEGO

Emotional labor



work that involves managing one's own emotions in a way that is required at work



Embodied knowledge



a type of non-discursive knowledge, often described as body know-how



Dirty work



socially necessary professions stigmatized by society



Cultural feminization



an emphasis on appearance as an integral element of success in the workplace



Cyborgization



a concept referring to improving the "natural" body of athletes



Supercrip



a stereotype referring to disabled athletes who overcome limitations to achieve "success"



THE BODY AND SOCIOLOGY

Embodiment



in phenomenology: the experience of the body, the embodied "self"



Body shaming



ridiculing, shaming, humiliating with malicious comments the physical appearance



Body policing



a practice of increased control of appearance because it does not comply with social norms



Male gaze



pressure on women to conform physically to an appearance that conforms to male notions of beauty



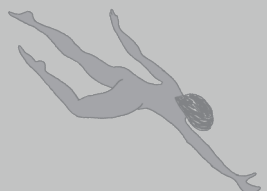
Makeover culture



the culture of reality television shows that involve complete makeovers



Fatphobia



aversion or hostility towards fat people



THE BODY AND SOCIOLOGY

Body fragmentation



exposing only certain parts of the body, often used in advertising



Queer theory



theory that argues that gender roles, gender identity and sexual orientations are social constructs



Gender performativity



gender treated as a form of public action, an act of performing being a man/woman in everyday interactions with others



Sex



the anatomical and physiological differences between the bodies of women and men



Gender



the cultural concepts of femininity and masculinity, accepted in a society



Asexuality

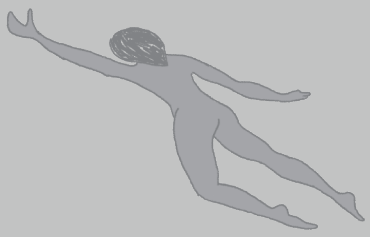


lack of sexual attraction or/and engaging in sexual behaviors



THE BODY AND SOCIOLOGY

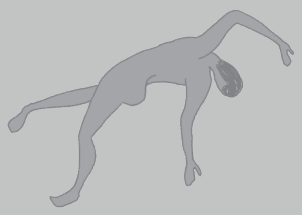
Pansexuality



sexual or emotional attraction to an individual regardless of their sex/gender



Sexual orientation



defining to whom an individual feels sexual attraction



Sexual violence



any behavior that results in non-consensual sexual contact, verbal or/and physical



Fat studies



analyze e.g. the concept of fatness in the context of social rules, the experiences of individuals with a fat body



Food studies



interdisciplinary research on food and its connections to culture, art, and history



Globesity



the phenomenon of the spread of obesity in the world, related to industrialization and urbanization



THE BODY AND SOCIOLOGY

Invisible mouth



term used to analyze the role of consumers in industrial and alternati-ve food distribution systems



Body positive movement



a social movement on the basis of accepting fatness as one of the features of the human body



Dys-appearing body



a body that, owing to dysfunction (pain, illness), appears in the individual's consciousness



Biographical accommodation



the consequences of chronic illness requiring intervention in bio-graphical issues



The body in Buddhism



the body is a tool which used properly can lead its owner to liberation from the circle of suffering



The body in Islam

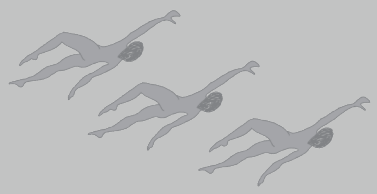


the body is not sinful in nature and should be cared for in accordance with the Quran



THE BODY AND SOCIOLOGY

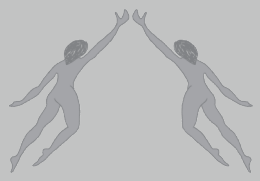
Kashrut



a set of rules related to the way of preparing and eating food practiced in Judaism



Penitential practices



a set of actions used e.g. in Christianity, constituting a remedy for the sinful actions of the human body



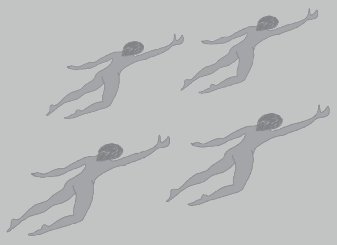
Body centricity



considering the body and appearance as very important for self-esteem



Kalokagathia



the Greek term; an ideal in which beauty remained the visibility of good



HPE and HET



technologies used in disabled and able-bodied people to improve their physical and mental abilities



Gendered age



the gendered ways in which youth, middle age, and old age are defined and interpreted



THE BODY AND SOCIOLOGY

Medical aesthetology



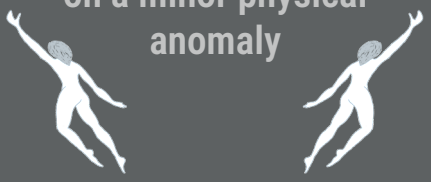
a field of science that studies, cares for, restores the beauty of the human body using medical means



Body dysmorphic disorder



preoccupation with an imagined defect in appearance or excessive concentration on a minor physical anomaly



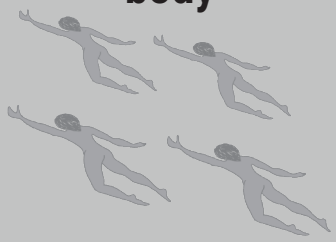
Reproductive work



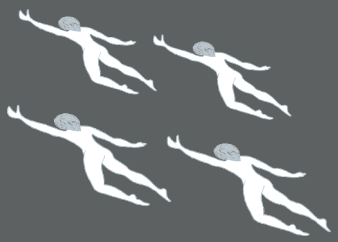
all the tasks associated with supporting the current or future workforce



The industrial body



The body of the worker as a part of the machine





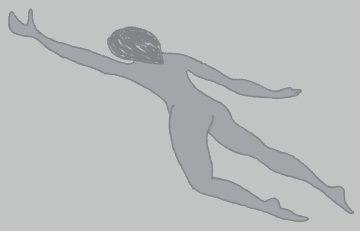






THE BODY AND SOCIOLOGY

Sociology of the Body

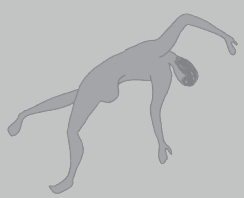


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